

# Prayers for use within the context of Holy Communion by Andy Vivian

## **Confession**

Soul of the universe,  
We seek to understand our personal contribution to the problems of this  
world

the impact of our chosen lifestyle  
the impact of our pride  
the impact of our sense of self preservation

We regret the harm and hurt we have caused  
We are humbled that so many have been willing to forgive us.

Heart of our hearts,  
We welcome your Love  
Which teaches us how to make amends and how to amend our ways  
May our lives be in harmony with the Spirit which binds us all.

## **Credo**

Our faith is in the power of Love  
Love is the world's origin and by Love, life is born  
We have been touched by Love; we have learned to trust its power and  
delight in its glory.  
Love transforms our darkness into light and continues to give us hope.

## **Prayer of consecration**

### **ALL:**

We join in this communion understanding that God calls us to accept our  
common inheritance – forgetting all barriers which may divide us and  
humbly sharing this meal of the Spirit. Our bodies are the loving  
presence of God's Love. This bread and wine the token of his covenant  
with us.

In sharing this loaf, we recall the last supper Jesus shared with his disciples and we commit ourselves to a shared life as his disciples today.

*(The bread is distributed)*

**All:** We are one body and God's Love is our shared inheritance.

In sharing this cup we recall the death Jesus suffered on a cross. To trust in the power of God's Love to overcome evil, is to offer ourselves to share in that redeeming work.

*(The cup is passed around)*

**All:** We are all children of the one God. The shame of the poor is the shame of us all.



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